

# Thanks so much for fundraising on behalf of First Love Foundation!

Runners supporting First Love Foundation will receive the following:

- First Love Foundation Runners Pack
- First Love Foundation Runners Vest on race day

After buying your ticket from the AISCS web site, please set up your Just Giving fundraiser page supporting First Love Foundation. Instructions on how to set up your fundraiser on Just Giving, can be found on the link below in **Step 1**.

## IMPORTANT

Once you have bought your ticket and set up your fundraiser, please send your fundraising link to: [fundraising@firstlovefoundation.org.uk](mailto:fundraising@firstlovefoundation.org.uk)

We will then put you in touch with the supporting corporate volunteer team that are helping us to coordinate this effort, so look out for an email from Kate Blake at Burberry.

## Runners Pack and Runners Vest

Once we have put you in touch with Kate, let her know if you would like a First Love Foundation Runners pack and vest; in order for her to issue you with this, she will need you to confirm your fundraising link for First Love Foundation.

## Instructions on how to set up your Just Giving fundraising page for 10k ASICS London for First Love Foundation:

**Step 1:** Set up an account with Just Giving (<https://www.justgiving.com>)

**Step 2:** On your page, click on “Start Fundraising” and choose “A charity” to raise money for.

What are you raising money for?

<b>A charity</b>	<b>My own cause</b>
Donations go directly to the charity	Donations go directly to your bank account
<a href="#">Find out more</a>	<a href="#">Find out more</a>

**Step 3:** Search for the First Love Foundation in the United Kingdom and Select First Love Foundation (please note that you need to scroll down to the Charity section).

## Search for the cause you want to support

### Charities



#### First Love Foundation

United Kingdom

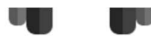
**First Love Foundation** is a crisis service based in Tower Hamlets. We support people at the point of crisis with rapid advice, support and emergency...

### Step 4: Choose the option to : Take part in an event on the next page:



#### Emergency aid

Raise money during an emergency (e.g. Covid-19 outbreak).



#### Fitness at home

Set yourself a physical challenge and track your progress with Strava.



#### Virtual gathering

Use live streaming or video calls to host an online quiz or social events.



#### Gaming

Take part in a sponsored gaming marathon or competition.

### Looking for something else?



#### Taking part in an event

From a marathon, triathlon or charity bike ride to a sponsored walk or trek. Raise money for any official event.



#### Celebrating an occasion

Ask friends for donations rather than birthday or wedding gifts.



#### Remembering someone

Pay tribute to a loved one by collecting donations for a cause they cared about.



#### Doing your own thing

Shave your head, give up chocolate, do something unique...

### Popular events

### Step 5: Search for Asics London 10K 2022 and choose Asics London 10K 2022 on the next page.

## Find your event

Jul

10

2022

### ASICS London 10K 2022

Running / marathons

The ASICS London 10K is a fabulous way to experience one of the world's most exciting... See more

Can't find your event?

**Step 6:** Finalise your fundraiser on the last page.

You can now start raising funds for First Love Foundation. THANK YOU